

May EVENTS DIARY June

Adult Learners Week Quiz Night
Thursday 9th May
7pm til late
63 Niddrie Mains Terrace

Celebrate Adult Learner's Achievements at a fun night out for all the family. Bring your own drink, and your general knowledge. See if you can win one of several fabulous prizes! If you don't win the Quiz, there's always the Raffle! Buffet provided. Call for FREE tickets.

You've Got the Power Campaign
Monday 13th May 10 - 11 a.m.
Jack Kane Centre (community wing)

Want to help with a campaign to get better services for adults who want to get into learning? Come along to this planning meeting to see how you can help with research and campaign work.

Thinking of Uni-ersity?
Monday 13th May 6:30 - 9 p.m.
Adult Student Link
Castlebrae High School

No qualifications? Worried about the money? nae problem! Talk to a wide variety of higher education providers and local support groups about access courses, with full bursaries.

WORKTRACK OPEN DAY
Wednesday 15th May ALL DAY
32 Niddrie Mains Road

Check out what Worktrack has to offer, meet the staff, have a coffee, and pick up information about this and other projects in the area that can help you get back into learning or employment.

Youth Services Review
Tuesday 21st May 5 - 6:30 p.m.
63 Niddrie Mains Terrace

Your chance to comment - this seminar is open to anyone who has an interest in work with young people and improving the range and level of services for them. Come and influence the future shape of Youth Services.

Elementary Food Hygiene
Wed 22nd May & Wed 5th June
9:30 a.m. - 1 p.m.
63 Niddrie Mains Terrace

If you use public kitchens as a volunteer or worker you need to be up to date on the latest food hygiene issues. This course is for you.

Challenging Behaviour
Thursday 30th May 9:30 - 4 p.m.
63 Niddrie Mains Terrace

This one-day workshop is for anyone who works with people - young or old - who have challenging behaviour. It will explore what challenging behaviour is and how to handle it.

Finance Forum
Friday 31st May
10 - 11:30 a.m.
63 Niddrie Mains Terrace

This is the first of a regular opportunity for administrators, project managers, treasurers and anyone else with a financial interest. It's a chance to share ideas, identify common problems and find collective solutions.

COMPUTERS FOR ALL
Tuesdays 1-3 p.m.

and now an evening session for those who can't make the day!

Thursdays 6 - 8 p.m.
(starts on 16th May)

63 Niddrie Mains Terrace

In these sessions you can Get a basic introduction to computers with one-one support as you need it. Learn how to do a good poster or leaflet, do a spreadsheet, set up a database, or do presentations.

If you already have these skills, use the time to work on your own projects. Please call 661 0200 to book a place.

2 COMMUNITY LUNCHESES

Wednesday 5th June
organised by Business Incubator

Wednesday 26th June
organised by WORKTRACK

Both start at 12:30 p.m.

at 63 Niddrie Mains Terrace

These lunches are a great opportunity to meet with other workers in the area and find out about services people provide. Lunch is provided at around 12:30 p.m. and a short presentation with questions and answers follows. Most important is there's plenty of chat! Please call CBP to book your place.

Build Your Own Website
Thursday 13th June
6-8:30 p.m.
63 Niddrie Mains Terrace

This special Thursday session will be run by the City Connect project. You will find out about simple ways to build your own website - on line or off.

Youth Service Providers Forum
Thursday 20th June
2 - 4 p.m.
63 Niddrie Mains Terrace

A forum for people who provide youth services in Craigmillar where you can discuss issues for youth work in the area.

NATIONAL DEBATE on EDUCATION - CRAIGMILLAR PUBLIC MEETING
Tuesday 11th June, 2002
7 - 8:30 p.m.
63 Niddrie Mains Terrace

What should schools in Scotland be like? This debate will be a chance to talk with other people in the area and feed back directly to the Scottish Parliament what you think.

Emergency First Aid
Wednesday 19th June
9:30 a.m. - 1:30 p.m.
63 Niddrie Mains Terrace

A four-hour course to introduce you to the basic elements of first aid. Includes training in CPR and generally how to sustain life and promote recovery.

Public Speaking
Monday 10th, 17th & 24th June
10 a.m. - 12 p.m.
63 Niddrie Mains Terrace

Here is an opportunity to brush up on your public speaking skills. You will get chance to learn about and then practice speaking in public. You can't help but be more confident about your ability.

Reaching the parts other workshops miss!
Thursday 27th June
9:30 a.m. - 4 p.m.
63 Niddrie Mains Terrace

This one day workshop brings in experts in tackling issues of alcohol abuse. We will also explore ways of using detached/outreach work to tackle the issues which arise.

FOUNDATIONS

CAPACITY BUILDING PROJECT

The Newsletter of The Capacity Building Project

May 2002 | Issue 13

Moving Up A Gear

The community reps on the board of the Craigmillar Social Inclusion Partnership are gearing up to take advantage of a new funding package from the Scottish Executive which will assist in their voluntary efforts on behalf of the community.

"Empowering Communities" is a three-year initiative worth up to £60,000 per year to provide reps throughout Scotland with the resources they require to play a full part in the affairs of the Partnership and encourage greater levels of community involvement in broader regeneration issues.

Despite serious delays in securing the funds a number of significant measures have already been implemented in time for years two and three. Dedicated, fully equipped office space has been established in the former CFS community centre. A minibus has been purchased to assist participation at Partnership-related events and a full time development worker is to be appointed to co-ordinate and support the reps workloads, as well as to develop a strategy for increasing long-term community participation, particularly amongst younger people.

The funding presents a great opportunity to maximise the role of the community in Craigmillar's ongoing regeneration. It will also cement the existing working relationship with the Capacity Building Project, which will administer the new resources on behalf of the reps, and will work hand-in-hand with them to realise their objectives.

Call 661 0200 for further information about this new initiative.

During April the CBP accompanied a number of activists on visits to Partnership areas in Aberdeen and Dundee. We went to find out how they were benefiting from the new funding and to learn about their structures and systems.

People on the study tour talked with other community reps about common issues, they saw how partnerships share information about what's going on in their areas with newsletters and videos, and visited a wide range of community projects including a volunteer run environmental clean-up initiative, a community lounge, and new housing developments.



Norrie Davies - the nominated representative from Craigmillar's Community Regeneration Forum said "We picked up a lot of good information which will be applicable to community groups in Craigmillar."

A further visit to the North East of England is scheduled for May.

Business as Usual

Having undergone a lengthy process of wholesale changes, the CFS has effectively ceased to exist as an active community organisation and will in due course be formally dissolved, bringing to an end some forty years of campaigning, representation and service provision in Craigmillar. Despite this landmark closure, a number of areas of CFS work will continue to be carried out by newly formed limited companies.

Capacity Building Project, Caring in Craigmillar (social welfare), Craigmillar Community Arts, The Learning Centre, Craigmillar Ability Network and Womanzone have now reorganised into



CBP's David Walker with the certificate of incorporation

independent organisations with charitable status and new management structures. All these organisations remain very much open for business.

Off to School

Congratulations to local activists Gareth Roberts and John Somerville who have both secured places on a two year study course with the School of Social Entrepreneurs. The Capacity Building Project negotiated their places with Senscot, an Edinburgh based social enterprise initiative. The course will enable Gareth and John to develop their skills, knowledge and ideas in the field of social enterprise and will hopefully bring their experiences to fruition in Craigmillar. Good Luck!

Good Company

To assist with the complicated process of becoming companies limited by guarantee - with charitable status, the CBP has run a number of sessions for the projects involved.

Legal expert, Stephen Phillips, and the city council's senior auditor, Alan Jamieson, have delivered their expertise in the Roles and Responsibilities of

Company Directors, Role of Company Secretary, Financial Good Practice and Becoming a Company Limited by guarantee.

These sessions provided valuable insights into what lies ahead for the projects in their new format. The CBP will offer opportunities to update such training at regular intervals in the future.

User Friendly



Despite the demise of CFS the Niddrie Mains Community Centre remains a hive of activity and continues to play host to an entire range of regular and one-off activities, as well as providing a base for several local projects.

CBP, Caring in Craigmillar, Phonelink and the Homelink Partnership occupy the office spaces, as will the Partnership's community representatives in the near future.

Open Membership

Now that the Capacity Building Project has been formally established as a company we are in a position to welcome members.

Members will benefit from regular newsletters, prefer-

A new responsibility for CBP is the overall management and maintenance of the centre, including leasing, hiring, security and staffing. All the centre's public areas remain available for meetings and social events for a very small hourly charge.

The facilities are excellent value for money and can accommodate all sorts of activities large or small. Call 661 0200 for booking and fee information.

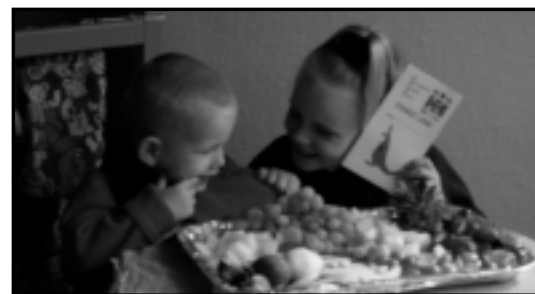
ential rates for room lets, and many opportunities to be consulted on issues of concern in Craigmillar.

Membership is free and open to individual residents and local group representatives.

Token Benefits

April 5th marked the official launch of the successful Welfare Foods Milk Token Initiative at Greendykes Childrens Centre.

Local MSP, Susan Deacon, applauded the innovative scheme which converts milk tokens into fresh milk, fresh fruit, cash savings and book tokens for local youngsters - encouraging healthy eating and promoting good literacy and numeracy skills from an early age.



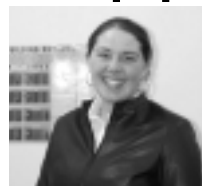
The initiative, which is a joint venture between the Centre, Craigmillar Credit Union and Edinburgh Community Food Initiative is the first of its kind in Edinburgh. It is set to be developed throughout the area and has already proved a winner for local parents who see the benefits of their kids being encouraged to eat well and think about saving up both cash and book tokens.

In exchange for the tokens, children receive the full milk entitlement, a bag of fresh fruit, fifty pence into a credit union account and fifty pence towards their book token account, all at no extra cost.

Over fifty families are already benefitting from the scheme and there are other incentives available to families who don't receive milk tokens.

For more info about the Milk Token Initiative or Craigmillar Credit Union contact Rhona Johnstone on 661 9942 for further details.

Happy to Help



Local girl Louise Hannen joined the staff at CBP at the beginning of April, taking up the post of community centre admin/receptionist. Louise will be the first point of contact for visitors to the centre and will ensure people are directed to the appropriate part of the building, as well as recording usage of the centre.

Louise is also responsible for overseeing the booking of rooms for meetings and other gatherings and ensuring that rooms are prepared in advance. If you or your group need a convenient, comfortable and inexpensive venue for your event then Louise is the person to speak to. Call her on 661 0200 to discuss your requirements and she'll be happy to help in any way she can.

Volunteers Update

Don't forget to check out the Craignet for local opportunities to volunteer. When you get to www.craignet.org.uk scroll down to see the volunteering link.

The following organisations are looking for volunteers at the moment:

The Venchie Children's Project

The Thistle Foundation

You've Got the Power Campaign Group

Craigmillar Gardeners Group

There are also people who want to volunteer in Craigmillar - here are some examples:

Craig has skills in book keeping and accounts but also has good IT knowledge and is willing to build websites help set up networks.

Bryden is willing to tutor in computers or numeracy.

Martyn is willing to make up brochures and leaflets.

We have other volunteers who are skilled in participatory appraisal and other consultation methods.

If you could use any of these volunteers please contact the CBP on 661 0200.

Don't forget to get in touch if you want to volunteer, or if you are looking for volunteering opportunities.